

FINAL INSTRUCTIONS February 25, 2024

Dear SSC Participant,

Thank you for participating in the 10th Sourland Semi Classic. We greatly appreciate your support. This document includes information and details to help make your ride this weekend safe and enjoyable. Please read it carefully.

## **PRIOR TO THE RIDE:**

<u>DRESS APROPRIATELY</u>. It is still winter; please be prepared for temperature swings that makes dressing difficult. Please dress in layers in a manner that ensures you are as comfortable as possible during the entire ride.

<u>FILL YOUR BOTTLES.</u> Please fill your bottles at home, and save time by being prepared to ride. We will not have supplies at the start. The only aid station is at ca mile 30.7, so have sufficient food and liquids with you to make it at least this far. There is a deli in Ringoes near Mile 50.7, if you need additional supplies prior to the finish.

PARKING. Free parking is available at: V5 Cycles

<u>V5 Cycles</u> 140 NJ-31, Flemington, NJ 08822

Park in the spaces located between V5 and PetSmart; do not park in front of PetSmart. We need to reserve spaces for the local restaurants to use. Additional parking is available by the Lowes in the center; please park as close to NJ-31 as possible and as far away from their entrances (and the neighboring restaurants) as possible.

<u>SIGN-IN</u>. Each participant must check-in personally on Sunday morning. If you signed a waiver on-line, you don't need to sign one on-site.

Sunday February 25, 2024: 9:00 AM – 9:50 AM inside of:

<u>V5 Cycles</u> 140 NJ-31, Flemington, NJ 08822

## **RESTROOMS.**

Start & Finish: There are 2 restrooms within V5 Cycles.

Course: There is a Portolet at Otto's Farm Park (mile 19.5), and rest rooms at the aid station in Sourland Cycles (mile 30.7) & at the Carousel Deli (mile 50.7).

<u>MERCHANDISE.</u> If you pre-ordered any Merchandise this year, or have things on hold from 2020 - 2023, we have it packaged and ready for you. You can pick it up either pre-or post-ride.

We will have a limited number of items for sale On-Site. Preferred payment is by cash, but we can accept checks, PayPal, Venmo, Zelle, and credit card payments.

## **RIDING THE EVENT:**

<u>REMINDER.</u> This is a RIDE and NOT A RACE. The roads are completely open to traffic. The conditions are very challenging, so don't push things. Ride in a manner that obeys traffic rules, is safe for yourself, and is courteous to your fellow riders and other road users.

<u>WRISTBAND.</u> All riders must wear their wristband. Wristbands allow access to aid station and post ride food/drink.

START LOCATION. V5 Cycles 140 NJ-31, Flemington, NJ 08822 in the back parking lot.

<u>AT-WILL START TIME.</u> There are no massed starts this year. You may leave any time after you check-in (starting at 9:00 AM) up until 10:00AM. The roads are open to traffic, and you must obey all the rules of the road.

<u>RAILROAD TRACKS.</u> There are 4 sets of railroad tracks running across the road within the first 4.2 miles of the course. There are additional sets of tracks on the course. Please exercise caution and give each other sufficient space to cross them safely.

<u>AID STATION.</u> The Aid Station is at ca mile 30.7 at <u>Sourland Cycles</u> 53 East Broad St Hopewell, NJ, 08525 Depending upon weather, the aid station may be outside, or it may be inside the shop. This will be stocked with fruit, cookies, drink mix, water, etc

## The aid station will be open from 10:15 AM – 12:30 PM. If you arrive early or late, there is no guarantee that services will be available.

<u>MECHANICAL SUPPORT</u>. It is limited. Please make sure your bike is in working order, that you have your own spare tubes and tools. The Broom Wagon Driver or Sweep Riders may be available to assist, but they are not professional mechanics. They will have pumps, and a limited amount of spare 700c tubes.

<u>SAG SUPPORT.</u> If you are unable to finish the event for some physical or mechanical reason, call the event hotline at 267-894-0840, who will contact the broom wagon. You will be picked up as soon as feasible and either transported to the aid station, where you can arrange to have someone pick you up, or back to the finish line as required by the demands of the event. Please keep in mind that this is a broom wagon and not a door-to-door taxi service. Assistance will come as soon as possible.

<u>SHORT CUTS.</u> We only offer 1 official route, and don't actively promote any deviations, but if you study the route, there are plenty of places to cut the course short and bail-out points that will take you back to the start/finish area, if needed.

<u>ROUTE MAPS & CUE SHEETS.</u> The Official Cue Sheet is posted to the <u>Sourland Semi-Classic Website</u> <u>Download Page</u>. Please print your own.

A Map of the course and GPS files may be obtained at: <u>https://ridewithgps.com/routes/45367305</u>

COURSE MARKING. There are none! We highly suggest using the provided GPS Files and Cue Sheets!

<u>GPS FILES & FREE GPS NAVIGATION</u>. Please ensure you are using the latest files. TCX & FIT files with turn warnings are posted to the <u>SSC Download Page</u>. GPX & KML Files may be obtained from <u>Ride With</u> <u>GPS</u> With our enhanced Ride With GPS Membership, you can use their <u>Phone App for Free</u> during the event. Download the Ride With GPS App to your Smart Phone (iPhone or Android) from: <u>https://ridewithgps.com/app</u> It is also available directly from the <u>App Store</u> & <u>Google Play</u>

Your invitation for the event map/navigation is <a href="https://ridewithgps.com/auto\_approve/Event/302299/GBkpzUWNZiolSLANH7GGV7yL5Ug1JxqD">https://ridewithgps.com/auto\_approve/Event/302299/GBkpzUWNZiolSLANH7GGV7yL5Ug1JxqD</a>

Please see the tutorial vide on how to use Ride With GPS App here: <a href="https://ridewithgps.com/help/event-participants/">https://ridewithgps.com/help/event-participants/</a>

<u>RULES OF THE ROAD.</u> Please remember that you are on open roads during the entire ride. All cyclists must obey all traffic laws; this includes – but is not limited to – traffic lights and stop signs. Violators may be ticketed by local law enforcement and/or disqualified and removed from the event. All riders are personally responsible for knowing New Jersey's traffic laws. NJDOT guidelines suggest cyclists ride single file.

<u>IN CASE OF EMERGENCY</u>. If you have-or witness—a serious crash or medical emergency, immediately call 911, and then call the event hotline at 267-894-0840. Secure the area to the best of your ability, but do not put yourself or others in danger while you wait for emergency personnel.

<u>KEY COURSE POINTS</u>: Please see the official cue sheet for detailed information. The course contains 6 unpaved (dirt/gravel) roads, which have loose gravel, mud, washboard surfaces, and some DEEP potholes. There are a lot of steep hills; what goes up, typically also goes down soon after; assume every downhill will be fast and technical.

The roads also have a lot of pot holes (which may be filled with water, and possibly ice if there are temperatures below freezing overnight. If you see a puddle, assume it is a deep pothole. POT HOLES ARE NOT MARKED. You should expect gravel and other debris in every turn.

Please be on the lookout for ice/black ice. Exercise extreme caution, expect ice patches to appear suddenly, particularly in all turns, on downhill sections, in low spots, near creeks, near (or on) bridges, in spots that are shaded, in wind exposed areas, and on road edges.

COURSE CLOSE TIME. The course closes at 3:00PM, at which time all course services end.

<u>SIGN-IN</u>. When you finish your ride, please sign-in; this is one way we try to keep track of who is still out on course.

<u>POST-RIDE FESTIVITIES.</u> After your ride, please be our guest for food provided by <u>V5 Cycles</u> Lunch will be served from 12:00PM – 3:00PM

THE BOTTOM LINE. Have Fun. This is what this event is all about. Be safe, and stay warm.

We appreciate your participation in the Sourland Semi-Classic; we hope you have a great ride!

Best Regards, Kermesse Sport